

All Levels Yoga Class

OPEN TO PATIENTS AND THE COMMUNITY

Whether you're a beginner or experienced yogi, this class is for everyone! Come unwind, stretch, and connect with your body in a welcoming, peaceful environment.

**Join Us Every Monday
10:00 AM - 11:00 AM**

Virginia Garcia Beaverton

2725 SW Cedar Hills BLVD Suite 200,
Beaverton OR 97005



Virginia Garcia Memorial
HEALTH CENTER