Volume 24 | Week of November 9, 2020

COVID-19 WEEKLY UPDATE VIRGINIAGARCIA.ORG/CORONAVIRUS

COVID-19 Updates & Data as of November 13

Governor Brown held a press conferences this afternoon providing information and plans of action in response to the continuing increase of COVID-19 cases.

A statewide freeze has been put into place and will run from 11/18/20 to 12/2/20. Multhomah County (and likely Washington County) will be in the freeze for four weeks (11/18/20 to 12/16/20).

Actions included in the freeze:

- Pharmacies at 75% with curbside pick-up advised.
- Limit all bars and restaurants to takeout only.
- Close all gyms.
- Prohibit indoor and outdoor gatherings to no more than six people from two different households.
- Limit capacity at grocery store to 75%, and allow churches and faith groups to accommodate indoor crowds no larger than 25 (50 in outdoor settings).
- Mask mandate for all times except when eating or drinking.
- Work from home as much as practicable.

The new freeze will not apply to barber shops, hair salons or homeless shelters. Outdoor recreation and sports programs, including Pac-12 college football games, are also exempt. Similarly, childcare programs and K-12 schools are not included in the new freeze.

Oregon is also advising new travel restrictions in coordination with Washington and California. In light of the concerning rise of coronavirus infections, the West Coast states have issued a travel advisory recommending 14-day quarantines for all inter-state and international travel, along with asking residents to stay local.

	Negative	Positive	Pending	Total
Hispanic:	3,847	762	210	4,819
Non-Hispanic:	2,392	105	122	2,619
Unknown:	544	42	26	612
Total:	6,783	909	358	8,050

Below are screening results for Virginia Garcia

	United States Oregon		Virginia Garcia
Positivity Rate as of 11/9/2020	No Longer Reported	5.70%	11.82%

Below is a comparison of screening results for the US, Oregon and each county

	United States	Oregon	WA County	Yamhill County
Total Positive Cases	10,457,240	52,770	7,207	1,237
Positive Cases for week of 11/13/20	845,947	4,931	664	149
Total Deaths	242,310	742	89	15
% Change in New Cases (previous 7 Days)	27.6%	Delayed	Delayed	Delayed

COVID-19 SCREENING UPDATE

Due to the high demand for COVID-19 tests, Virginia Garcia is will only be able to provide screening for established Virginia Garcia patients or individuals who work as migrant or seasonal farmworkers.

If you want to be screened for COVID-19 at a Virginia Garcia clinic you must first schedule an appointment. If you are a patient or work as a migrant and seasonal farmworker and would like to schedule an appointment at one of our clinics, please contact the clinic nearest you. Please do not come to a clinic without an appointment.

If you are not a Virginia Garcia patient, but would like to become one, please contact Member Services at 503-359-5564, option 3 to establish care. A telehealth visit with a Care Team is required prior to a COVID-19 test.

Free COVID-19 screenings and flu vaccinations are available to the public at our community outreach events taking place around Washington and Yamhill counties. You do not need to be a patient and no appointment is necessary to receive care at these events.

Community COVID-19 Screening Events

VG and the Flu Season



Saturday flu clinics are scheduled for the entire month of November.

Upcoming this weekend, Saturday, November 14:

Beaverton Wellness Center 10a - 2pm

McMinnville Clinic 10a - 2pm

Appointments are required for a vaccination. Please contact the clinic directly to schedule an appointment. You can find clinic contact information here.

For a complete listing of available Clinics and their locations, please<u>visit</u> our website.

OUTREACH UPDATE

There is one remaining community event this year.

The event listed below includes free flu vaccinations. We will be providing a safe environment for individuals to receive a COVID-19 test and flu vaccination. You may also just receive a flu vaccination if desired.

Please note time and location changes for the event.



November 17 1pm-4:30pm St James Catholic Church 1145 SE 1st McMinnville, OR 97128

POST-TEST EDUCATION VIDEOS



The Post-Screening Education Video is available in both English and Spanish on Virginia Garcia's YouTube channel. A link will be texted to every patient that comes to our clinic or a VG-sponsored community event after they have been screened.

The video was produced by Vive Northwest Media.

Making sure individuals understand what to do while they wait for the results of their COVID-19 test can be a challenge.

Up until this week, individuals that are tested either at a VG clinic or at one of our free community events are provided with a paper packet of information, but now that packet has gone digital.

The 2-minute videos provide quick and easy information on what to do while waiting for test results, how long the results will take and what to do if you don't hear from someone. It is available in English and Spanish.