our mission
To provide high-quality, comprehensive, and culturally appropriate primary health care to the communities of Washington and Yamhill counties with a special emphasis on migrant and seasonal farmworkers and others with barriers to receiving health care.
R
eflecting on the past year, I am proud of Virginia Garcia’s impact in our community. From an organization that started in a three-car garage in Cornelius 43 years ago, to the 18 clinics through Washington and Yamhill counties we are today, our commitment to do better for our community and our patients remains steadfast.

The highlight of this past year is the momentous opening of our Beaverton Wellness Center. The unwavering support of our donors means access for new patients, expands the health care options we can offer them and provides for a place that is both welcoming and accessible. Our new Wellness Center offers medical, dental, pharmacy, mental and behavioral health all in one location.

Our partnership with Pacific University’s College of Health Professions engages the next generation of health care providers. The new multi-purpose space allows a variety of health education, movement, nutrition, and other activities to engage our patients beyond the exam room.

The Beaverton Wellness Center goes beyond notions of comprehensive health care – we’re providing care to the community’s most ethnically and racially diverse patients. With over 50 different languages spoken at our Beaverton clinic, we think we have made one fact very clear: Virginia Garcia is a place that welcomes everyone regardless of their background or country of origin. Together we are all part of the same family with the same vision – to provide high quality health care to those that need it most, and working collectively to remove barriers that get in the way of care.

Make no mistake, the journey for Virginia Garcia is not complete. There are many more patients to serve, many more barriers to remove. We will ask you to share your resources to support and strengthen our organization as we push into the future, ensuring our patients are receiving not only compassion, but the highest quality care possible.

Thank you for all that you have done for Virginia Garcia, our patients and their families. And, thank you for all that you will continue to do.

Together we will get the work done.
Together we are Virginia Garcia.

Gil Muñoz, CEO
Denise weighed over 200 pounds and was pre-diabetic. Her knees hurt, she suffered with chronic headaches and she was depressed. Since joining the Cornelius Wellness Center Zumba classes more than a year ago, Denise has lost nearly 70 pounds and discovered a new, healthier life. “I have energy, and I feel good,” she said. “Really good.”

Cornelius was Virginia Garcia’s first Wellness Center, opened in 2012, for the purpose of treating the whole person. In addition to medical, pharmacy, mental health and dental services, patients engage in healthy behaviors through education sessions to help manage and prevent chronic health conditions, such as diabetes and hypertension. They take classes in healthy nutrition, cooking, exercise, parenting and more. In 2018, we opened a second Wellness Center in Beaverton.

It was the music that drew Denise to try Zumba. She couldn’t resist the upbeat salsa pulsating through the hallways of the Cornelius Wellness Center. From her first Zumba class she was hooked. “I just fell in love,” she said.

Today, Denise moves to the music with grace, ease and confidence. “I’ve made many friends here. We’re like family,” she said. “Every month we get together for a potluck. Of course we bring only healthy food.”
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New Year’s Day

Virginia Garcia’s Birthday

Martin Luther King Jr. Day
Many of Virginia Garcia’s staff members are also community leaders. When they aren’t making a difference for patients in our clinics, they’re making a difference in their communities as members of school boards, city councils and park districts.

Among them is Yadira Martinez, who leads our dental hygiene program. Yadira is a member of the Hillsboro School Board and the Oregon Board of Dentistry. She grew up in Hillsboro, the daughter of migrant farm workers, and found herself drawn to health care from an early age.

“I have roots in this community. With my background in health care, I’m a new set of eyes.”

– YADIRA MARTINEZ
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enduring partnerships

When Meyer Memorial Trust started their grant program 36 years ago, (known then as Fred Meyer Charitable Trust), Virginia Garcia Memorial Health Center was among their first group of 34 grantees. It was the beginning of an amazing partnership. We grew up together, evolving as times changed. In fact, the first project Meyer funded, Perinatal Risk Reduction and Education Project at our Cornelius Clinic, has evolved over the years into a permanent program called CenteringPregnancy® at our Women’s Clinic in Hillsboro.

Since 1982, Meyer has awarded roughly $758 million in grants and program-related investments to more than 3,380 organizations in Oregon and Southwest Washington – and we are grateful to be among this stellar group.

Meyer supports Virginia Garcia in countless ways, helping us fund the construction of new clinics, including two of our largest clinics – Cornelius Wellness Center and Beaverton Wellness Center – and dozens of other programs and projects, including our new Advocacy & Equity program.

“Virginia Garcia embodies the mandate of our founder, Fred Meyer: to adapt to ‘changing conditions and problems’ to meet the needs of Oregon communities.”

– MICHELLE J. DEPASS, PRESIDENT AND CEO OF MEYER MEMORIAL TRUST
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Virginia Garcia received over **$14.1M** in grants and donations last year. That money goes directly to our health centers where you can be sure we are putting your gifts to work in every possible way.
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*Passover Begins*

*Easter*
Research shows that oral health is inextricably linked to physical health. When you take care of both the mouth and the body a patient’s health improves dramatically. So in 2017, Virginia Garcia launched a program that would integrate dental and medical services.

VG optimized the way our patients receive care. We placed dental hygienists in our Women’s Clinic - allowing pregnant moms to receive prenatal care and a dental checkup in one visit and we started including immunizations during our Baby Days events — giving families the opportunity to see both providers in one place.

By integrating medical and dental records, providers can be sure to take care of the whole person — providing our patients with the very best comprehensive care possible.

Periodontal treatment is associated with a significant decrease in annual medical costs and hospital admissions among patients who were diagnosed with periodontal disease and who also had coronary artery disease, type 2 diabetes or cerebral vascular disease. Source: Dr. Marjorie Jeffcoat, United Concordia Dental

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<th>Disease</th>
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<td>Type 2 Diabetes</td>
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<td>Cerebral Vascular Disease</td>
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Every dollar spent on preventive dental care could save $8 to $50 in restorative and emergency treatments and potentially more in additional types of medical treatment. Source: American Dental Hygienists Association, 2006
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Roberto Varona knows the back-breaking labor required of farm workers. He spent a few years working in the fields, a cannery and other jobs before finding work with Virginia Garcia as a driver 17 years ago. For his first seven years, Roberto drove our medical/dental van to migrant camps throughout Washington and Yamhill counties, working closely with the patients.

“Many of the people who come to our camps every year arrive in family groups with one vehicle and they live in small cabins at the camps,” Roberto said. “They come with medical, dental, vision, and mental health issues. Often, they have no time to leave the fields to visit a clinic, they have no transportation or the resources to pay for medical or dental services.”

Although we lost our 20-year-old mobile van to a traffic accident in 2018, plans are already in motion to replace it with a larger, better-designed mobile clinic.

Medical and dental staff will be able to work with built-in equipment, including flexible and comprehensive dental equipment. Staff can take x-rays and sterilize equipment, as well as access vaccine refrigerators and specimen drawers.

“We will be able to deliver higher quality services and treat people with dignity,” Roberto said.
Wilfredo Figueroa likes to chat with other patients as he sits in the waiting area at VG’s Hillsboro Clinic. He asks about their lives and if they are happy with their health care.

“To see mothers with two kids and no father, or elderly people, and they tell me their stories about how they struggle every day,” he said. “When you talk to the person, it’s very different. You empathize.”

He doesn’t tell them he is a member of Virginia Garcia’s Health Center Board of Directors because he is also a patient. Wilfredo is a principal engineer at Intel and joined the VG board in 2009 after being recruited by retired Intel colleague, Lynn Baker, who worked for VG.

“One I understood the mission, what really helped me was to use the services,” he said. Wilfredo talks with the medical assistants, nurses and physicians during his annual physical to learn more about them and their work.

Growing up in Puerto Rico, Wilfredo came from “humble beginnings,” he said. “I’ve been blessed all my life. My service to Virginia Garcia is my way to pay back.”
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We did it! With our Boards’ leadership, the donations of hundreds of individuals, organizations, and our hard working staff, we opened our Beaverton Wellness Center with great fanfare and celebration.

The Wellness Center creates a central place for patients needing medical, dental, pharmacy, mental/behavioral health services as well as fitness, diabetes education and healthy cooking classes, kids’ summer activities and more, all under one roof. It is the first of its kind in Beaverton and the second wellness center for Virginia Garcia, bolstering our move toward preventive health care for our communities.

The Wellness Center is more than a clinic. It is a reflection of the dedication and commitment that this community has to provide a place where anyone can go to receive high quality health care.

What the Beaverton Wellness Center represents goes beyond comprehensive health care. With our patients speaking 50 different languages at this clinic alone, we know one fact is very clear: Virginia Garcia is a place that welcomes everyone regardless of their background or country of origin and together we are all part of the same family with the same vision. A vision to provide high quality health care to those that need it most, to be a light to the community and to speak for those that cannot speak for themselves.
When Clinical Pharmacist **Katie Steele** prescribed medication for an uninsured Newberg patient to help control her diabetes, she had no idea it would cost the woman $90 at a local pharmacy. The woman used her grocery money to buy the medicine instead of food.

That was the catalyst for Katie. If VG’s Newberg Pharmacy had been open, the woman would have paid $7 under our reduced pricing. However, VG had to close the pharmacy in June 2016 because the volume of prescriptions was so low it couldn’t cover the cost of the pharmacist. Katie proposed that she take on a dual-role—as the retail pharmacist at the Newberg Pharmacy while continuing as a clinical pharmacist. Financially, the numbers worked out and the pharmacy reopened, filling 3,500 prescriptions in its first seven months.

As a clinical pharmacist, Katie works with providers and patients in a clinic to determine the best method to address chronic conditions, providing education about medication and non-medication options. Clinical pharmacists typically don’t work in pharmacies, but Katie had completed her first-year residency in a retail pharmacy and liked the work.

With Katie’s energy and unwavering commitment to our patients, we’re so glad that our patients will continue to access our pharmacy inside of the clinic for years to come.
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A year ago, Sarah Larimer was driving through Beaverton and saw a clinic with the name Virginia Garcia on the front.

“The name intrigued me,” she said. “I looked it up online and saw it was a primary care clinic. With my experience in health care, it further piqued my interest.”

Before long, Sarah, a registered dietitian, had signed up as a volunteer and found herself working alongside VG’s own registered dietitian Valeria Mallett to create a nutrition program for patients, focusing on those with diabetes.

When she isn’t volunteering, Sarah teaches nutrition classes and global health at Oregon Health & Sciences University, as well as online nutrition courses for Brigham Young University, Idaho.

The relationship is mutually beneficial to both VG and Sarah. VG can serve more patients with a professional dietitian, and Sarah, in her first year as a dietitian, gains valuable clinical experience.

VG is proud to work with 198 volunteers who help with everything from community events to working with patients. Thank you to all of our volunteers. If you’re interested in volunteering, please contact Julie Titus at 503-352-8611.
## October 2019

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</table>

- **1 October**: Rosh Hashanah Ends
- **7 October**: Yom Kippur Begins
- **8 October**: Yom Kippur Begins
- **13 October**: Indigenous People’s Day
- **14 October**: National Hispanic Heritage Month ends
- **20 October**: National Hispanic Heritage Month ends
- **27 October**: Halloween
Virginia Garcia Memorial Health Center was born from advocacy. In response to Virginia’s death from a treatable wound, community leaders of all backgrounds came together because they saw an injustice – the disparity between those who could access health care and those who could not. They were determined to create a clinic that served the most vulnerable members of our community.

Forty-three years later, we continue to make great strides in ensuring access to health care for everyone. Still, barriers remain and, lately, we see them multiplying, threatening the health and welfare of our patients and community members.

To respond to this growing challenge, we made advocacy a priority at VG. Our Boards and executive leaders draw on our roots in advocacy to empower our 600 knowledgeable and passionate employees.

Together, we are lending our voices to ensure that everyone has access to health care, and we are working to make VG clinics a safe haven for all. We support our staff engaging politically and in their communities, and with our Board’s leadership, we are cultivating a culture of community engagement.
<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<td>Daylight Savings Ends</td>
<td>Election Day</td>
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<td>Veterans Day</td>
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<td></td>
<td>Thanksgiving Day</td>
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</table>
“Bob’s Red Mill is proud to be a supporter of Virginia Garcia and their mission.”

– LORI SOBELSON, BOB’S RED MILL

Established in 1978, Bob’s Red Mill has become a beacon of whole, healthy foods locally and across the country. Committed to preserving the most nutritious parts of their ingredients, Bob’s is also committed to supporting and promoting healthy living through nutrition education.

From inspiring others to donate to Virginia Garcia through Willamette Week’s Give!Guide to supporting the purchase of our new mobile clinic to provide onsite services to farmworkers, Bob’s leadership and generosity helps us motivate others to support our mission. They are a true champion of our patients.

“Virginia Garcia’s dedication to providing high-quality, compassionate health care to any person who needs it, regardless of nationality, gender, or economic status, fills a unique niche in Washington and Yamhill counties,” said Lori Sobelson, Bob’s Red Mill’s director of corporate outreach. “Without Virginia Garcia, many individuals, but especially seasonal and migrant farmworkers, would not have access to even the most basic health care services.”

Thank you Bob’s Red Mill for your commitment to health care and improving the overall health of our patients.

#WeAreVirginiaGarcia
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<th>SUNDAY</th>
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<th>TUESDAY</th>
<th>WEDNESDAY</th>
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</tbody>
</table>

- **December 2019**
- **Christmas**
- **Hanukkah Begins**
- **New Year’s Eve**
- **New Year’s Eve**
- **Christmas Eve**
- **Kwanzaa Begins**
- **Hanukkah Ends**
- **Winter Solstice**
## Consolidated Financial Highlights

**Years Ended March 31,**

<table>
<thead>
<tr>
<th></th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>5 Year Change</th>
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</thead>
<tbody>
<tr>
<td><strong>Operating Results</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Total Revenue and Support</td>
<td>36,340,240</td>
<td>46,833,700</td>
<td>55,005,403</td>
<td>56,906,337</td>
<td>60,543,766</td>
<td><strong>66.6%</strong></td>
</tr>
<tr>
<td>Program Service Expenses</td>
<td>28,064,785</td>
<td>33,296,243</td>
<td>37,710,982</td>
<td>39,849,827</td>
<td>43,232,344</td>
<td><strong>54.0%</strong></td>
</tr>
<tr>
<td>Total expenses</td>
<td>33,756,004</td>
<td>40,025,604</td>
<td>46,505,588</td>
<td>50,576,431</td>
<td>56,580,124</td>
<td><strong>67.6%</strong></td>
</tr>
<tr>
<td>Program service expenses as percentage of total</td>
<td>83.1%</td>
<td>83.2%</td>
<td>81.1%</td>
<td>78.8%</td>
<td>76.4%</td>
<td>n/a</td>
</tr>
<tr>
<td><strong>Financial Position</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Net property and equipment</td>
<td>18,591,267</td>
<td>18,822,870</td>
<td>18,301,705</td>
<td>21,851,950</td>
<td>25,271,905</td>
<td><strong>35.9%</strong></td>
</tr>
<tr>
<td>Total assets</td>
<td>29,707,108</td>
<td>36,219,246</td>
<td>44,622,318</td>
<td>54,571,874</td>
<td>57,781,288</td>
<td><strong>94.5%</strong></td>
</tr>
<tr>
<td>Total liabilities</td>
<td>3,556,939</td>
<td>3,260,981</td>
<td>3,164,238</td>
<td>6,783,888</td>
<td>6,029,660</td>
<td><strong>69.5%</strong></td>
</tr>
<tr>
<td>Net assets</td>
<td>26,150,169</td>
<td>32,958,265</td>
<td>41,458,080</td>
<td>47,787,968</td>
<td>51,751,628</td>
<td><strong>97.9%</strong></td>
</tr>
<tr>
<td><strong>Liquidity</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash and liquid investments</td>
<td>5,648,142</td>
<td>12,018,059</td>
<td>20,186,337</td>
<td>23,773,013</td>
<td>24,615,527</td>
<td><strong>335.8%</strong></td>
</tr>
<tr>
<td>Average daily expenses</td>
<td>92,482</td>
<td>109,659</td>
<td>127,413</td>
<td>138,566</td>
<td>155,014</td>
<td><strong>160.0%</strong></td>
</tr>
<tr>
<td>Number of days cash on hand</td>
<td>61</td>
<td>110</td>
<td>158</td>
<td>172</td>
<td>159</td>
<td><strong>160.0%</strong></td>
</tr>
<tr>
<td>Current ratio</td>
<td>3.65</td>
<td>5.79</td>
<td>8.25</td>
<td>5.32</td>
<td>6.42</td>
<td><strong>75.9%</strong></td>
</tr>
<tr>
<td><strong>Capital Investment</strong></td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Purchases of property &amp; equipment</td>
<td>1,692,586</td>
<td>1,260,135</td>
<td>609,837</td>
<td>4,745,197</td>
<td>5,151,218</td>
<td>n/a</td>
</tr>
<tr>
<td>Depreciation expense</td>
<td>882,638</td>
<td>1,028,532</td>
<td>1,131,002</td>
<td>1,179,594</td>
<td>1,485,684</td>
<td><strong>68.3%</strong></td>
</tr>
<tr>
<td>Capitalization ratio</td>
<td>191.8%</td>
<td>122.5%</td>
<td>53.9%</td>
<td>402.3%</td>
<td>346.7%</td>
<td>n/a</td>
</tr>
</tbody>
</table>

### Revenue and Support

- **2014**: $36,340,240
- **2015**: $46,833,700
- **2016**: $55,005,403
- **2017**: $56,906,337
- **2018**: $60,543,766

**5 Year Change**: 66.6%

### Net Assets

- **2014**: $18,591,267
- **2015**: $18,822,870
- **2016**: $18,301,705
- **2017**: $21,851,950
- **2018**: $25,271,905

**5 Year Change**: 35.9%

2018: Administrative expenses as a percentage of total: 21.5%

Fundraising expenses as percentage of total: 2.1%
leadership

Board of Directors & Executive Team

HEALTH CENTER
BOARD OF DIRECTORS
Laurinda Mackenzie, Chair – Community Representative
Ricardo Palazuelos, Vice Chair – Patient Representative
Jessica Kitt, Secretary – Patient Representative
Susan T. Felstiner, Treasurer – Community Representative
Alejandra Aguilar – Patient Representative
Ernestina Aranda – Patient Representative
Ann E. Barr-Gillespie – Community Representative
Miguel Calderon – Patient Representative
Rafal Decker – Patient Representative
Wilfredo Figueroa – Patient Representative

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Matt Austin, Vice Chair – A-dec
Ketan Sampat, Treasurer – CafeGive
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Jon Down – University of Portland
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Michelle Kirkland – Tuality Healthcare
Katie O’Neill – Legacy Health
Roger Reyes – Nike, Inc.
Lisa J. Rowley – Pacific University
Michelle Stafford – World of Smiles Pediatric Dentistry
Michael Willes – Tonkon Torp LLP

Ex-Officio Members
Gil Muñoz – Virginia Garcia Memorial Health Center
Serena Cruz – Virginia Garcia Memorial Foundation

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Serena Cruz, MPP/JD – Executive Director, Foundation
Araceli Gaytan – Chief Financial Officer
Maria E. Loredo – Chief Operations Officer
Lena Ulvi – Human Resources Director
Juan Garfias – Information Technology Director
Rachel Li – Organizational Development Director
Laura Byerly, MD – Medical Director
Chris Hill, MD – Associate Medical Director
Lisa Bozzetti, DDS – Dental Director
Sarah Deines, PharmD, BCACP – Director of Quality
Christine Hicks, RPh – Director of Pharmacy
donors Foundation, Public & Corporate Partners

Anonymous
A to Z Wineworks / REX HILL
A-dec
The Allison Inn & Spa
American Cancer Society
Apple Matching Gifts Program
Austin Industries
Bob’s Red Mill
Cambia Health Foundation
Cambia Health Solutions
CareOregon
CE John Company, Inc.
Cellar 503
Chehalem Winery
Children’s Trust Fund Of Oregon
The CHP Group
city of Beaverton
Clark/Lewis Family Foundation
The Collins Foundation
Dental Trade Alliance Foundation
The Doctors Company
Doris H. & Michael F. Garcia Fund
Echo Bay Foundation
Emily Andrews Portrait Design
FamilyCare Inc.
First Federal Savings & Loan Association of McMinville
Forest Grove Lions Club
Green Grove Fund of the Oregon Community Foundation
Hampton Lumber
Hayes Family Foundation
Health Share of Oregon
Henningsen Cold Storage Co.
Hitachi Consulting
Hoover Family Foundation
Hot Diggity! Dog Walking + Pet Sitting
Intel Corporation
Jackson Family Wines
Juan Young Trust
Justus Orthodontics, LLC
Kaiser Permanente Center for Health Research
Kaiser Permanente Northwest
Legacy Health
M.J. Murdock Charitable Trust
March of Dimes
Maybelle Clark Macdonald Fund
McDonald Zaring Insurance
McKesson Medical-Surgical
McMenamins Cedar Hills
McMenamins Grand Lodge
Metropolitan Area Communications Commission
Metropolitan Land Group
Meyer Memorial Trust
Mississippi Studios
Moda Health
Moore & Welliver
National Association of Community Health Centers
Nectar Graphics
NIKE Employee Match Program
Northwest Permanente P.C.
Northwest Print Strategies, Inc.
NW Natural
OCF Joseph E. Weston Public Foundation
OHSU Knight Cancer Institute
Oral Health America
Oregon College Savings Plan
Oregon Community Foundation
Oregon Health & Science University
Oregon Health Authority
Oregon Jewish Community Foundation
Oregon School-Based Health Alliance
Organic Valley
Pacific Landscape Management
Pacific University
Passport To Languages, Inc.
Patricia Eiting Foundation
Paulus Foundation Inc.
PavelComm
The Peierls Foundation, Inc.
Pfizer RxPathways
Point B
¡Por Qué No? Taqueria
Portland Timbers
Provide Health & Services
Regence Blue Cross Blue Shield of Oregon
The Reser Family Foundation
Reser’s Cares
Ride Connection
Rose City Park Presbyterian Church
Rose E. Tucker Charitable Trust
SagaCity Media, Inc.
Scott Edwards Architecture LLP
Siletz Tribal Charitable Contribution Fund
Social Venture Partners Portland
The Standard Charitable Foundation
Starseed Foundation
The Stimson-Miller Foundation
Susan G. Komen Oregon & SW Washington
Thermo Fisher Scientific
Tillamook County Creamery Association
Tonkon Torp LLP
Tuality Health Alliance
Tuality Healthcare
Tuality Healthcare Foundation
U.S. Bank
UBS
United Way of the Columbia-Willamette
Walgreens
Walsh Construction Co.
Washington County Department of Health and Human Services
Welch Allyn
Wells Fargo
Willamette Valley Medical Center
Windermere West, LLC
Women’s Healthcare Associates, LLC
World Of Smiles Pediatric Dentistry
Yamhill Community Care Organization
Yamhill County Health and Human Services Department
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Zion Lutheran Church
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Elena Andrensen and Kevin Mickelsen
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Molly Cliff Hills
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Oregon Immunization Program
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Humberto Gonzalez
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Kent Leslie
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Katie O’Neill & Del Herreed
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PavelComm/Jaime Pavel & Bonnie Pavel
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Bob & Mary Dee Singh
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Susan & Dan Stein
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Julie & Nick Titus
Doug Tunnell, Brick House Wine Co.
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Yolanda Valdes Rementeria
Greg & Joan Van Pelt
Christine & David Vernier
Rahul Vora
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Katrina and Ted Wheeler Fund of the Oregon Community Foundation
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Michael & Natalie Willems
Judy & Jerry Willey
Carrie Wynkoop & Kari Chisholm

*Friends of Virginia Garcia are donors who give $1,000 or more annually. Every effort has been made to list Friends who gave between April 1, 2017 and June 30, 2018. If your name has been omitted or listed incorrectly, please accept our apologies and contact us at foundation@vgmhc.org or (503) 352-8618 so we can correct it.