



Virginia Garcia Memorial  
HEALTH CENTER

# Fall at Cornelius Wellness Center

## **Outing with Paseos Verdes**

*Lunch and transportation are provided*

September 7th | 9:30-1:30pm

## **Elder's Day**

September 25th | 9am-2pm

## **Public Charge Update with SOAR**

September 30th | 6:30pm-8pm

## **Cooking Class**

Every Tuesday starting October 1st | 11am-1pm

## **Light Up a Life**

November 8th

## **Children's Winter Session**

December 23rd - January 3rd

## **Urban Gleaners Food Distribution**

Every Monday | 12pm

## **Oregon Food Bank Distribution**

September 10th | 2:30pm

October 8th | 2:30pm

November 12th | 2:30pm

December 10th | 2:30pm

*\*Please bring your own bag for food distribution*

For more information please call 503-352-8544 or  
stop by the Welcome Desk on the first floor