

LOOKING FORWARD

2015–16 Annual Report & 2017 Calendar



Virginia Garcia Memorial
HEALTH CENTER



OUR MISSION

To provide high-quality, comprehensive, and culturally appropriate primary health care to the communities of Washington and Yamhill Counties with a special emphasis on migrant and seasonal farmworkers and others with barriers to receiving health care.

WHERE WE WORK

The Virginia Garcia Memorial Health Center provides comprehensive primary care and dental services through five medical clinics, five dental clinics, six school-based health centers and a mobile clinic located throughout Washington and Yamhill counties.

PRIMARY CARE AND DENTAL CLINICS

Beaverton, Cornelius, Hillsboro, Newberg, McMinnville

SCHOOL-BASED HEALTH CENTERS

Beaverton, Century, Forest Grove, Tualatin, Tigard, Willamina

MESSAGE FROM THE CEO

Last year, we looked back on 40 years of Virginia Garcia history and our many successes. This year, we're looking forward to the next four decades and our future looks bright.

We are in a vibrant time for health care and Virginia Garcia is situated to make the most of it for our patients. We have developed and implemented a patient-centered model of care based on the needs of our patients and it goes beyond the walls of the exam room.

Our expansion of the Beaverton Clinic is a prime example of our dedication to continuously moving forward. Growing into the Beaverton Wellness Center in 2018 gives us the opportunity and space to address some of the additional needs of our patients like preventive care, nutrition, fitness, and outreach, all under one roof.

Virginia Garcia's future is to be a place where community members continue to receive high-quality health care and we work with patients to adopt healthy lifestyles, like cooking nutritious meals, taking Zumba classes and helping them to navigate areas of their lives that contribute to their overall health.

Working alongside our community partners, Virginia Garcia will increasingly become an integral part of the community, a center of hope and healing and a trusted partner to walk with patients on their journey of health.

Thank you for your continued support and for sharing in our vision of high-quality health care for those who need it most.


Gil Muñoz, CEO



Virginia Garcia Memorial
HEALTH CENTER

VIRGINIA GARCIA CLINIC

MARTIN PETERS

When it came time to choose a residency program, Martin Peters knew he wanted to work for Virginia Garcia, and we agreed. Martin was one of the first two medical residents to start our residency program three years ago.

The program is a partnership between Wright Center for Graduate Medical Education and VG that brings residents—physicians who practice medicine under the supervision of an attending physician—into a primary care clinic. We believe when residents work directly with our patients and find it rewarding, it will help address the primary care physician shortage.

“I’m grateful for the opportunity to train in a medical home model with team-based care,” he said. “Virginia Garcia is a leader in that field.”

Martin, who speaks Spanish, grew up on a farm in Newberg and loves VG’s patient population. “Our patients are warm and caring and have a strong family connection,” he said. “Having the whole family there brings resilience to the patient.”

Martin is one of two residents to have graduated so far, and we hired him for our Newberg Clinic. Four more residents are still completing their medical training at the Hillsboro Clinic.



JANUARY '17

"I'm grateful for the opportunity to train in a medical home model with team-based care. Virginia Garcia is a leader in that field." – Martin Peters

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Year's Day	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 Martin Luther King Jr. Day	17 Virginia Garcia's Birthday	18	19	20	21
22	23	24	25	26	27	28 Chinese New Year
29	30	31				



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**FEBRUARY
2017**

W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28



EVA GALVEZ

Eva Galvez grew up in the apple and pear orchards of Hood River. Her father harvested fruit during the growing season and her mother worked in the fruit packing plants. They lived in worker housing and visited the local low-income clinic when they got sick. That's where Eva found her future. As she watched the doctors try to explain diagnoses to her Spanish-speaking grandmother and other patients, young Eva saw how their lack of cultural understanding created a barrier between patient and doctor.

"Even as a young girl, I liked the feeling of helping somebody in need," she said.

Her parents valued education and expected their children to attend college. Eva made the most of it by graduating with a medical degree, and then made her way to Virginia Garcia Memorial Health Center. She learned about VG as an undergraduate at Oregon State University and made it her goal to work here some day. Eva is now in her fifth year as a primary care physician at the Hillsboro Clinic.

"I love it here. I can't see myself anywhere else," Eva said. "What keeps me here is the mission. It completely aligns with my personal and professional goals."

FEBRUARY '17

"It seemed like an injustice to these people to not get the care they deserved." – Eva Galvez

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2 Groundhog Day	3	4
5	6	7	8	9	10	11
12	13	14 Valentine's Day	15	16	17	18
19	20 President's Day	21	22	23	24	25
26	27	28				



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MARCH
2017

W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

DR. ANDREW MORRIS-SINGER

As a new primary care physician, Dr. Andrew Morris-Singer thought he had to have all the health care answers for his patients.

He was the doctor, after all. But he would soon discover his patients needed a team.

That was the lesson Dr. Morris-Singer, now president and founder of Primary Care Progress, presented during Virginia Garcia's 8th Annual Health Care Symposium. Team-based primary care is the future.

"We are literally sharing the care," he said. "All members of the care team are working at the top of their license."

After eavesdropping on a conversation between one of his patients and his team's clinical pharmacist, Sonia, he realized he lacked the detailed and practical knowledge that only a specially trained pharmacist could tap into for a patient.

Virginia Garcia embraces the team-based approach to health care in our primary care clinics.



MARCH '17

“I realized at that moment that my pharmacist wasn’t taking work off my plate, she was providing a level of services that I couldn’t provide. We are sitting on a reservoir of untapped healing capacity in our clinics.”
– Andrew Morris-Singer, President and founder of Primary Care Progress and a clinician and medical educator at OHSU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
Day Light Savings Begins					St. Patrick's Day	
19	20	21	22	23	24	25
	Spring Equinox					
26	27	28	29	30	31	



Virginia Garcia Memorial
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APRIL 2017

S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

VICTORIA

Victoria started working in the fields when she was 12. Now, 32 years later, she is a long-time Virginia Garcia patient and advocate. She lives with her husband and six children in Merced, California during the winter months, and the family spends its summers harvesting fruit in California and Oregon. They live off their summer pay for the rest of the year, which means every penny counts. Medical options are few in her area of California, Victoria said. One clinic takes Medicaid patients but charges \$100 minimum. The other option is an emergency room. In Oregon, VG charges the family \$15. "I live here for two months and I have a doctor," she said. "I live in California for the rest of the year, and I have no doctor." VG helped Victoria join the Latina Initiative and get her first mammogram. We provided asthma medication to her son for \$2 instead of \$200. "We feel like we are a priority," she said.



APRIL '17

"We feel like we are a priority." – Victoria

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11 Passover Begins	12	13	14	15
16 Easter Sunday	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



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**MAY
2017**

M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W							
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31



BABY DAYS

A new parent steps to the front of a group of parents, seated in a circle. They have a picture of gummy fruit and have to choose whether to stick it to the smiling giant tooth on the easel or the frowning tooth.

The group offers advice and it sparks discussion about sugar levels, calcium, sticky foods and how each affects tooth decay. Along the way parents share stories and advice about how to get their kids to eat healthier.


This is the new Baby Days Centering class. Parents are no longer being lectured and forgetting much of what they were told. They are engaged, supporting one another, offering their own suggestions and learning from each other with the guidance of a dental hygienist.

VG's Baby Days program is offered in multiple languages to at-risk parents with children up to age 3. Often older children attend, and oral health education is reinforced throughout the family. The program also includes a baby dental check. In the photo, Dr. Brittany Fox talks with a mom before examining her baby's teeth and gums.

MAY '17

"It takes the hygienist out of the role of clinician and into the role of participant along with everyone. It's a much better process." – Yadira Martinez, dental hygienist.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5 Cinco de Mayo	6
7	8	9	10	11	12	13
14 Mother's Day	15	16	17	18	19	20
21	22	23	24	25	26	27 Ramadan Begins
28	29 Memorial Day	30	31			



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**JUNE
2017**

Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

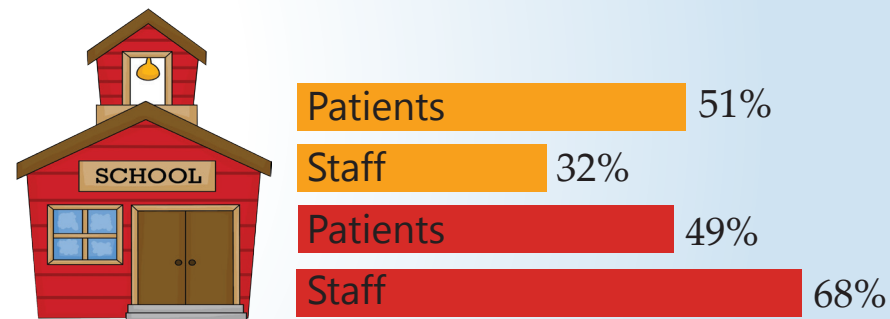
Diversity....

Virginia Garcia Memorial Health Center strives to be a place where everyone feels welcome. Our patient population is diverse - representing over 60 languages. As a result, we attract a diverse staff that reflects the patients we serve in our clinics and our school-based health centers. We believe a culturally appropriate environment means no matter what your background, or your circumstances, you will get the help you need from people who understand.

Primary Care and Dental Clinics





School-Based Health Centers



We Are VG...



 Non-Hispanic  Hispanic

JUNE '17

WHAT IS AN SBHC? It stands for School-Based Health Center. The goal of the SBHC is to serve student health needs by providing a quality comprehensive health care facility currently located conveniently at six high schools in Washington and Yamhill counties.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
Father's Day			Summer Solstice			
25	26	27	28	29	30	



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**JULY
2017**

S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

GRAPE ADVENTURE


Virginia Garcia and REX HILL have enjoyed a fruitful partnership for the past four years through Grape Adventure. Every year the two organizations join together in the hills of Yamhill County for an annual fundraising event to raise critical funds for our outreach work to migrant and seasonal farmworkers. “We are impressed with Virginia Garcia Memorial Health Center, both with the mission and the realization of that mission,” states President of A to Z Wineworks, Amy Prosenjak. “Virginia Garcia is a well-run business that efficiently and effectively uses the valuable funds we help to raise to provide care for all members of a family regardless of their different barriers to health care.”

The partnership will continue into 2017 with Grape Adventure set for July 22.



JULY '17

"From the leadership to those who provide care in the clinics, the people working for Virginia Garcia offer much-needed, respectful, comprehensive, quality care in a culturally appropriate environment." –Amy Prosenjak, President, A to Z Wineworks

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4 Independence Day	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22 Grape Adventure
23	24	25	26	27	28	29
30	31					 Virginia Garcia Memorial HEALTH CENTER

AUGUST
2017

T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31



BUCKY FIT RUNNING CLUB

In an effort to get more kids moving and healthy, Virginia Garcia's School-Based Health Center and Beaverton High School teamed up to create the "Bucky Fit Running Club" (named after the school's beaver mascot) with the goal of running a half-marathon.

The students practiced three times a week, including Saturdays, jogging and walking along a winding paved trail through the hilly woods of south Beaverton. The effort to push themselves beyond anything they've done before bonded the kids and built their self-confidence. Club members met their year-end goal to run the Helvetia Half Marathon.

"This program has allowed me to go from nothing to being able to run eleven miles," wrote a Bucky Fit member. "I have learned that ANYTHING is possible. It has helped me find my motivation."

One of only three free running clubs in Oregon, Beaverton High students participated at no cost and received free shoes from Portland Running Club.

The program also received recognition and support from the Portland Timbers Community Fund and the Nike Community Impact Fund.

(Photo: Beaverton High School student Rosy)

AUGUST '17

"This program has allowed me to go from nothing to being able to run eleven miles, I have learned that ANYTHING is possible. It has helped me find my motivation." – Bucky Fit runner

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
6	7	8	9	10	11	12
NATIONAL HEALTH CENTER WEEK						
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



Virginia Garcia Memorial
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**SEPTEMBER
2017**

F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30



BEAVERTON WELLNESS CENTER

Virginia Garcia's Beaverton Clinic worked well when it had 3,000 patients. Now, with more than 11,000 patients, we are out of space to serve new patients.

Medical providers work in compact exam rooms and have to move equipment to get to patients. Meetings between providers take place in hallways. The clinic converted storage rooms into exam rooms. The pharmacy line often intertwines with the long line of patients waiting for appointments.

That will change in late 2017 when Virginia Garcia opens the Beaverton Wellness Center, growing from a clinic of 12,000 square feet to the Beaverton Wellness Center with 36,000 square feet of space where medical, dental and mental health will all be provided under one roof.

Our capacity to serve patients will grow by 50 percent. Staff will see a significant difference in the ease and efficiency of treating patients from the front desk to the exam room. In addition, the center will house clinical training facilities for Pacific University health professions students.

SEPTEMBER '17



"This is the first place I've felt comfortable seeing a doctor. These ladies all know what I've been through." – Heather, Beaverton Clinic patient

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3	4 Labor Day	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21 Rosh Hashanah	22 Fall Equinox	23
24	25	26	27	28	29	30 Yom Kippur

OCTOBER 2017

S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

A photograph of two women sitting on a set of wooden stairs. The woman on the left is wearing a red sleeveless top and has dark hair. The woman on the right is wearing a purple long-sleeved button-down shirt and blue jeans, and has light brown hair. A black bag is on the stairs next to her. A semi-transparent purple box with white text is overlaid on the left side of the image.

LATINA INITIATIVE

Work, caring for her five children, no health insurance and a belief that breast cancer would never happen to her kept Elvia from getting a mammogram at age 40.

With the help of the providers and outreach staff at Virginia Garcia Cornelius Wellness Center, Elvia was accepted into the Poder y Vida Latina Initiative project for low-income, uninsured patients where she was diagnosed with breast cancer.

Kaiser Permanente and the Susan G. Komen Foundation launched Poder y Vida Latina Initiative in 2014 to reach 35,000 Latino families in Oregon and Southwest Washington. The project provides free mammograms to Latinas, ages 40-75, who have not been screened in four years or more, and donates the treatment for women diagnosed with breast cancer.

After a mastectomy and months of radiation and chemotherapy, Elvia is on the road back to health. *(Photo: Elia, left, Elvia, right)*

OCTOBER '17

"I can't imagine what would have happened if nobody was close to her. Her family supports her but couldn't help her with the system." – Elia Ortiz, indigenous health promoter for VG, who works with Latina Initiative patients

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31 Halloween				



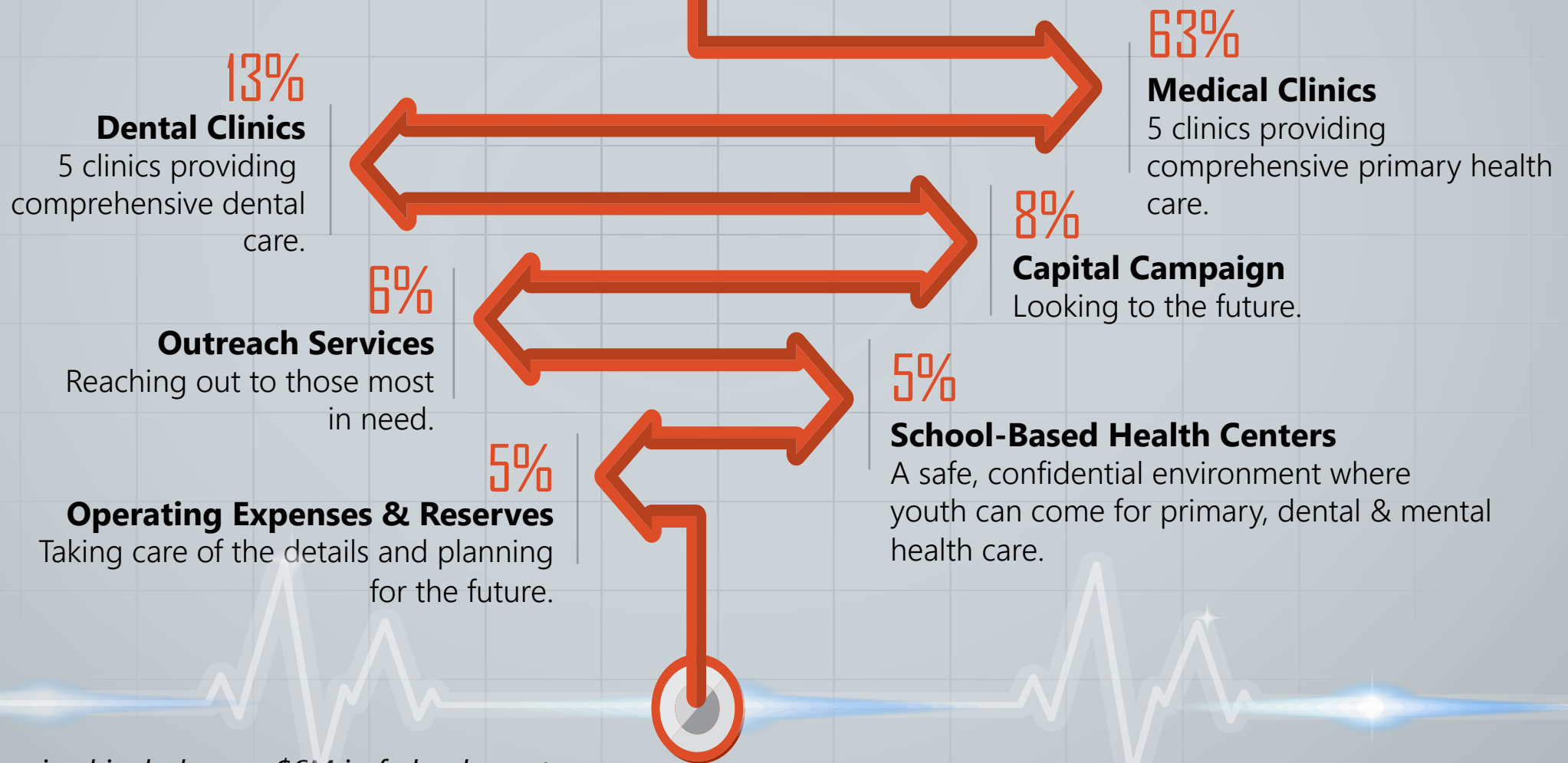
Virginia Garcia Memorial
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NOVEMBER 2017

W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

Your Donations at Work

Virginia Garcia received **\$10.5M** in grants and donations last year.* That money goes directly to our health centers where you can be sure we are putting your gifts to work in every possible way.



**funds received include over \$6M in federal grants*

NOVEMBER '17

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5 Daylight Savings Ends	6	7 Election Day	8	9	10	11 Veterans Day
12	13	14	15	16	17	18
19	20	21	22	23 Thanksgiving Day	24	25
26	27	28	29	30		



Virginia Garcia Memorial
HEALTH CENTER

**DECEMBER
2017**

F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

PARTNERS IN OUR WORK— SPOTLIGHT ON CAREOREGON

For more than a decade, CareOregon has been our partner in improving the health of our patients, from toddlers to senior citizens. Much of that work takes place behind the scenes, helping us be more efficient and serve more patients.

Our partnership with CareOregon builds on our capacity and increases access for VG's growing patient population. We've teamed up on critical projects such as making it easier for patients to schedule appointments and ensuring patients newly enrolled in health insurance actually get in to see a provider.

CareOregon's latest approach to investing is a win/win for VG and our patients. They committed to loan \$1.5 million to VG and build the new Beaverton Wellness Center. They will convert that loan to a grant when we meet specific health targets, such as adolescent well-child checks and colorectal cancer screenings. This is a health care reform in action—more access to care and a clear focus on improving patients' health.

Thank you CareOregon for being partners in our work!



DECEMBER '17

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13 Hanukkah Begins	14	15	16
17	18	19	20	21 Winter Solstice	22	23
24 Christmas Eve	25 Christmas	26 Kwanzaa Begins	27	28	29	30
31 New Year's Eve						



Virginia Garcia Memorial
HEALTH CENTER

**JANUARY
2018**

M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

FINANCIALS

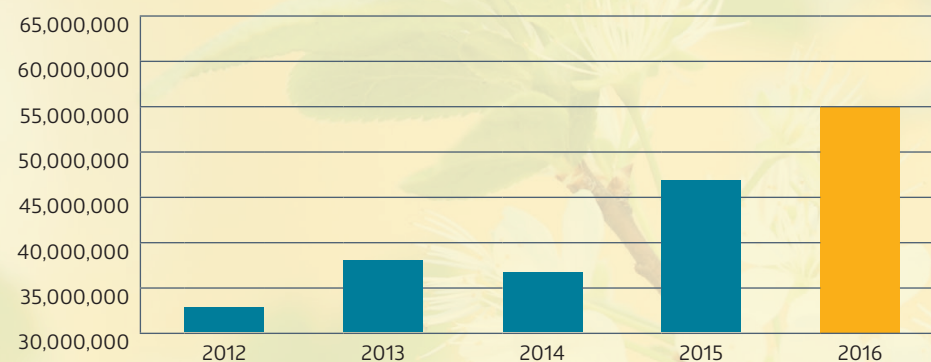
Consolidated Financial Highlights



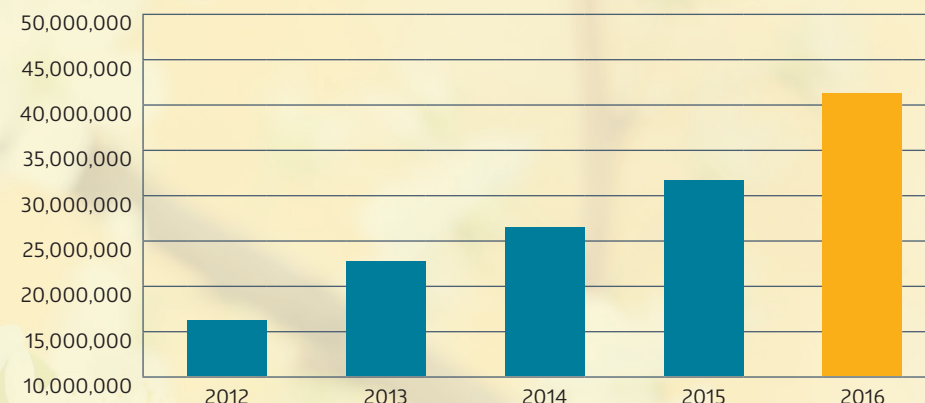
Hoffman, Stewart & Schmidt, PC
CERTIFIED PUBLIC ACCOUNTANTS

Fiscal Year (Apr 1 – Mar 31)	2012	2013	2014	2015	2016	5-Year Change
OPERATING RESULTS						
1. Total revenue and support	33,743,688	37,124,894	36,340,240	46,833,700	55,005,403	63.0%
2. Program service expenses	22,825,430	25,065,302	28,064,785	33,296,243	37,710,982	65.2%
3. Total expenses	26,864,783	29,621,641	33,756,004	40,025,604	46,505,588	73.1%
4. Program service expenses as % of total	85.0%	84.6%	83.1%	83.2%	81.1%	n/a
FINANCIAL POSITION						
5. Net property and equipment	10,214,677	18,048,866	18,591,267	18,822,870	18,301,705	79.2%
6. Total assets	19,746,371	26,695,897	29,707,108	36,219,246	44,622,318	126.0%
7. Total liabilities	3,683,691	3,129,964	3,556,939	3,260,981	3,164,238	-14.1%
8. Net assets	16,062,680	23,565,933	26,150,169	32,958,265	41,458,080	158.1%
LIQUIDITY						
9. Cash and liquid investments	2,721,171	4,446,980	5,648,142	12,018,059	20,186,337	641.8%
10. Average daily expenses	73,602	81,155	92,482	109,659	127,413	73.1%
11. Number of days cash on hand	37	55	61	110	158	328.5%
12. Current ratio	3.77	3.80	3.65	5.79	8.29	119.9%
CAPITAL INVESTMENT						
13. Purchases of property and equipment	5,196,333	8,470,763	1,692,586	1,260,135	609,837	n/a
14. Depreciation expense	453,282	636,574	882,638	1,028,532	1,131,002	149.5%
15. Capitalization ratio	1146.4%	1330.7%	191.8%	122.5%	53.9%	n/a

Revenue & Support



Net Assets



LEADERSHIP

Board of Directors & Staff

VIRGINIA GARCIA MEMORIAL HEALTH CENTER BOARD OF DIRECTORS 2015-16

Ann Barr-Gillespie – Chair, Community Representative
Mary Kane Marshall – Vice Chair, Community Representative
Laurinda Mackenzie – Treasurer, Community Representative
Susana Edwards – Secretary, Patient Representative
Susan T. Felstiner – Community Representative
Wilfredo Figueroa – Patient Representative
Alejandra Aguilar – Patient Representative
Ricardo Palazuelos – Patient Representative
Ernestina Aranda – Patient Representative
Rafal Adnan – Patient Representative
Sherrill Kennedy – Patient Representative
Jaquelyn Pawela-Crew – Community Representative

VIRGINIA GARCIA MEMORIAL FOUNDATION BOARD OF DIRECTORS 2015-16

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Ellen Garcia – Providence ElderPlace Portland
Lina Garcia Seabold – Seabold Investments, LLC
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Shikha Gupta – Regence BlueCross BlueShield of Oregon
Michele Hildrum – Nike, Inc.
Brigitte Piniewski – PeaceHealth Labs
Charmin Shiely – Schwabe, Williamson & Wyatt
Ben Unger – Our Oregon
Lori Van Zanten – Providence Newberg Medical Center
Serena Cruz – Ex-Officio Member
Gil Muñoz – Ex-Officio Member

EXECUTIVE TEAM

Gil Muñoz, MPA – Chief Executive Officer
Araceli Gaytan – Chief Financial Officer
Maria E. Loreda – Chief Operations Officer
Laura Byerly, MD – Medical Director
Christian Hill, MD – Associate Medical Director
Ann Turner, MD – Associate Medical Director
Jim Agin – Process & Systems Improvement Director
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Virginia Garcia Memorial
HEALTH CENTER
FOUNDATION


Virginia Garcia Memorial Foundation


PO Box 486, Cornelius, Oregon 97113

Foundation@vgmhc.org

www.virginiagarcia.org

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LOOKING FORWARD

2015–16 Annual Report & 2017 Calendar



Virginia Garcia Memorial
HEALTH CENTER



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WHERE WE WORK

The Virginia Garcia Memorial Health Center provides comprehensive primary care and dental services through five medical clinics, five dental clinics, six school-based health centers and a mobile clinic located throughout Washington and Yamhill counties.

PRIMARY CARE AND DENTAL CLINICS

Beaverton, Cornelius, Hillsboro, Newberg, McMinnville

SCHOOL-BASED HEALTH CENTERS

Beaverton, Century, Forest Grove, Tualatin, Tigard, Willamina

FROM THE CEO

years of Virginia Garcia history
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a place where community
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contribute to their overall

Working alongside our community partners, Virginia Garcia will increasingly become an integral part of the community, a center of hope and healing and a trusted partner to walk with patients on their journey of health.

Thank you for your continued support and for sharing in our vision of high-quality health care for those who need it most.


Gil Muñoz, CEO



Virginia Garcia Memorial
HEALTH CENTER

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“I’m grateful for the opportunity to train in a medical home model with team-based care. Virginia Garcia is a leader in that field.” – Martin Peters

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6	7
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Chinese New Year				



Virginia Garcia Memorial
HEALTH CENTER

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EVA GALVEZ

Eva Galvez grew up in the apple and pear orchards of Hood River. Her father harvested fruit during the growing season and her mother worked in the fruit packing plants. They lived in worker housing and visited the local low-income clinic when they got sick. That's where Eva found her future. As she watched the doctors try to explain diagnoses to her Spanish-speaking grandmother and other patients, young Eva saw how their lack of cultural understanding created a barrier between patient and doctor.

"Even as a young girl, I liked the feeling of helping somebody in need," she said.

Her parents valued education and expected their children to attend college. Eva made the most of it by graduating with a medical degree, and then made her way to Virginia Garcia Memorial Health Center. She learned about VG as an undergraduate at Oregon State University and made it her goal to work here some day. Eva is now in her fifth year as a primary care physician at the Hillsboro Clinic.

"I love it here. I can't see myself anywhere else," Eva said. "What keeps me here is the mission. It completely aligns with my personal and professional goals."

“It seemed like an injustice to these people to not get the care they deserved.” – Eva Galvez

TUESDAY

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Valentine's Day

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WEDNESDAY

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THURSDAY

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Groundhog Day

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Virginia Garcia Memorial
HEALTH CENTER

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“I realized at that moment that my pharmacist wasn’t taking work off my plate, she was providing a level of services that I couldn’t provide. We are sitting on a reservoir of untapped healing capacity in our clinics.”
– Andrew Morris-Singer, President and founder of Primary Care Progress and a clinician and medical educator at OHSU

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	1	2	3	4
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St. Patrick's Day



Virginia Garcia Memorial
HEALTH CENTER

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“We feel like we are a priority.” – Victoria

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Passover Begins

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Virginia Garcia Memorial
HEALTH CENTER

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BABY DAYS

A new parent steps to the front of a group of parents, seated in a circle. They have a picture of gummy fruit and have to choose whether to stick it to the smiling giant tooth on the easel or the frowning tooth.

The group offers advice and it sparks discussion about sugar levels, calcium, sticky foods and how each affects tooth decay. Along the way parents share stories and advice about how to get their kids to eat healthier.

This is the new Baby Days Centering class. Parents are no longer being lectured and forgetting much of what they were told. They are engaged, supporting one another, offering their own suggestions and learning from each other with the guidance of a dental hygienist.

VG's Baby Days program is offered in multiple languages to at-risk parents with children up to age 3. Often older children attend, and oral health education is reinforced throughout the family. The program also includes a baby dental check. In the photo, Dr. Brittany Fox talks with a mom before examining her baby's teeth and gums.

“It takes the hygienist out of the role of clinician and into the role of participant along with everyone. It’s a much better process.” – Yadira Martinez, dental hygienist.

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5 Cinco de Mayo	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27 Ramadan Begins
30	31			



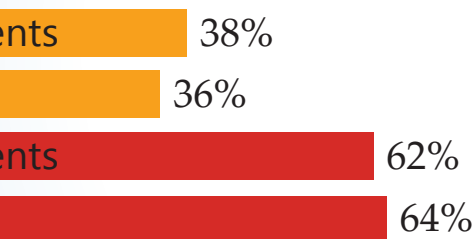
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HEALTH CENTER

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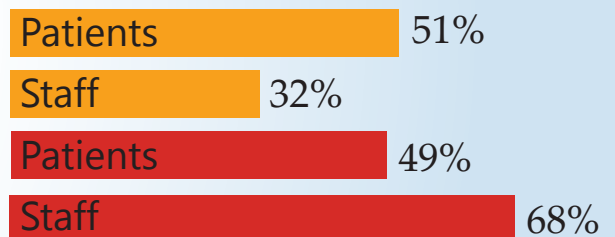
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ter strives to be a place where everyone feels welcome. Our patient population is diverse -
a result, we attract a diverse staff that reflects the patients we serve in our clinics and our
believe a culturally appropriate environment means no matter what your background, or your
you need from people who understand.

Mental Clinics



School-Based Health Centers



WHAT IS AN SBHC? It stands for School-Based Health Center. The goal of the SBHC is to serve student health needs by providing a quality comprehensive health care facility currently located conveniently at six high schools in Washington and Yamhill counties.

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3
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	Summer Solstice			
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Virginia Garcia Memorial
HEALTH CENTER


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"From the leadership to those who provide care in the clinics, the people working for Virginia Garcia offer much-needed, respectful, comprehensive, quality care in a culturally appropriate environment." –Amy Prosenjak, President, A to Z Wineworks

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1
4 Independence Day	5	6	7	8
11	12	13	14	15
18	19	20	21	22 Grape Adventure
25	26	27	28	29



Virginia Garcia Memorial
HEALTH CENTER



BUCKY FIT RUNNING CLUB

In an effort to get more kids moving and healthy, Virginia Garcia's School-Based Health Center and Beaverton High School teamed up to create the "Bucky Fit Running Club" (named after the school's beaver mascot) with the goal of running a half-marathon.

The students practiced three times a week, including Saturdays, jogging and walking along a winding paved trail through the hilly woods of south Beaverton. The effort to push themselves beyond anything they've done before bonded the kids and built their self-confidence. Club members met their year-end goal to run the Helvetia Half Marathon.

"This program has allowed me to go from nothing to being able to run eleven miles," wrote a Bucky Fit member. "I have learned that ANYTHING is possible. It has helped me find my motivation."

One of only three free running clubs in Oregon, Beaverton High students participated at no cost and received free shoes from Portland Running Club.

The program also received recognition and support from the Portland Timbers Community Fund and the Nike Community Impact Fund.

(Photo: Beaverton High School student Rosy)

“This program has allowed me to go from nothing to being able to run eleven miles, I have learned that ANYTHING is possible. It has helped me find my motivation.” – Bucky Fit runner

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5
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NATIONAL HEALTH CENTER WEEK				
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Virginia Garcia Memorial
HEALTH CENTER

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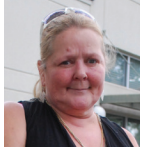
BEAVERTON WELLNESS CENTER

Virginia Garcia's Beaverton Clinic worked well when it had 3,000 patients. Now, with more than 11,000 patients, we are out of space to serve new patients.

Medical providers work in compact exam rooms and have to move equipment to get to patients. Meetings between providers take place in hallways. The clinic converted storage rooms into exam rooms. The pharmacy line often intertwines with the long line of patients waiting for appointments.

That will change in late 2017 when Virginia Garcia opens the Beaverton Wellness Center, growing from a clinic of 12,000 square feet to the Beaverton Wellness Center with 36,000 square feet of space where medical, dental and mental health will all be provided under one roof.

Our capacity to serve patients will grow by 50 percent. Staff will see a significant difference in the ease and efficiency of treating patients from the front desk to the exam room. In addition, the center will house clinical training facilities for Pacific University health professions students.



“This is the first place I’ve felt comfortable seeing a doctor. These ladies all know what I’ve been through.” – Heather, Beaverton Clinic patient

TUESDAY

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THURSDAY

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Rosh Hashanah

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Fall Equinox

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en, no health insurance and a belief that
to her kept Elvia from getting a mammogram

and outreach staff at Virginia Garcia Cornelius
d into the Poder y Vida Latina Initiative project
s where she was diagnosed with breast cancer.

G. Komen Foundation launched Poder y Vida
5,000 Latino families in Oregon and Southwest
free mammograms to Latinas, ages 40-75, who
years or more, and donates the treatment for
cer.

of radiation and chemotherapy, Elvia is on the
ft, Elvia, right)

“I can’t imagine what would have happened if nobody was close to her. Her family supports her but couldn’t help her with the system.” – Elia Ortiz, indigenous health promoter for VG, who works with Latina Initiative patients

TUESDAY

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Halloween

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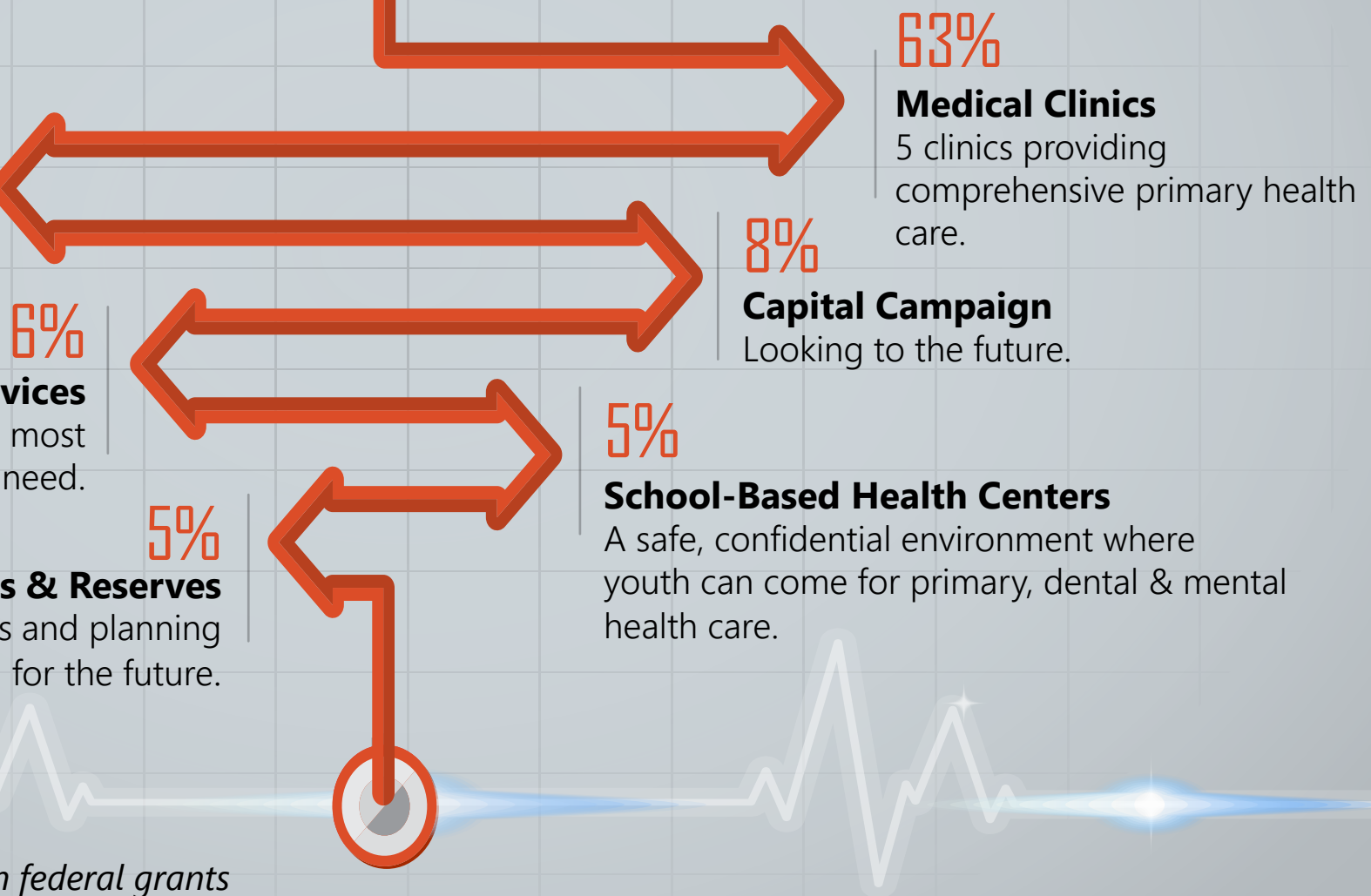


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HEALTH CENTER

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Election Day

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Thanksgiving Day

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Veterans Day

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Virginia Garcia Memorial
HEALTH CENTER

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OUR WORK— IN OREGON

VG has been our partner in
care, from toddlers to senior
patients. In the place behind the scenes,
we serve more patients.

VG builds on our capacity
to grow our patient population.
Initiatives such as making it easier
for patients and ensuring patients
actually get in to see

Investing is a win/win for VG
to loan \$1.5 million to VG and
the center. They will convert that
into specific health targets, such as
colorectal cancer screenings.
VG—more access to care and
better health.

Partners in our work!



TUESDAY

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Kwanzaa Begins

WEDNESDAY

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Hanukkah Begins

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THURSDAY

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Winter Solstice

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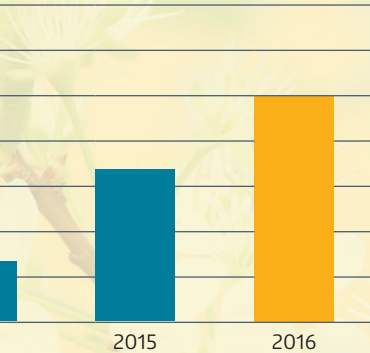
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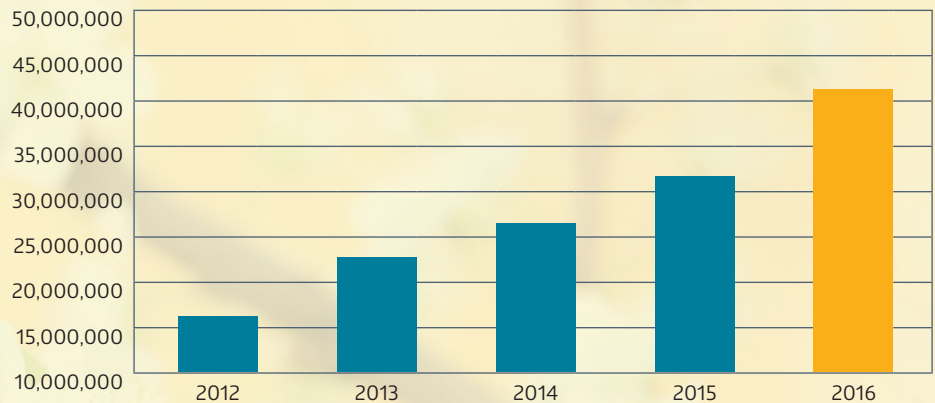


Hoffman, Stewart & Schmidt, PC
CERTIFIED PUBLIC ACCOUNTANTS

2012	2013	2014	2015	2016	5-Year Change
33,743,688	37,124,894	36,340,240	46,833,700	55,005,403	63.0%
22,825,430	25,065,302	28,064,785	33,296,243	37,710,982	65.2%
26,864,783	29,621,641	33,756,004	40,025,604	46,505,588	73.1%
85.0%	84.6%	83.1%	83.2%	81.1%	n/a
10,214,677	18,048,866	18,591,267	18,822,870	18,301,705	79.2%
19,746,371	26,695,897	29,707,108	36,219,246	44,622,318	126.0%
3,683,691	3,129,964	3,556,939	3,260,981	3,164,238	-14.1%
16,062,680	23,565,933	26,150,169	32,958,265	41,458,080	158.1%
2,721,171	4,446,980	5,648,142	12,018,059	20,186,337	641.8%
73,602	81,155	92,482	109,659	127,413	73.1%
37	55	61	110	158	328.5%
3.77	3.80	3.65	5.79	8.29	119.9%
5,196,333	8,470,763	1,692,586	1,260,135	609,837	n/a
453,282	636,574	882,638	1,028,532	1,131,002	149.5%
1146.4%	1330.7%	191.8%	122.5%	53.9%	n/a



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