



January 2014 Newsletter

In the News

Year 1 at the Cornelius Wellness Center



In late December, Andrea Castillo of the Forest Grove Leader recapped Virginia Garcia's efforts to promote holistic health care at the new [Cornelius Wellness Center](#). In addition to traditional health care services, CWC offers wellness programs like Zumba and Tai Chi classes, cooking classes, and acupuncture. Over the past year, the Zumba class has grown from three participants to over 40.

Andrea also spoke with Dr. Lyn Jacobs about VG's Centering pregnancy and parenting groups. The Centering groups provide a comfortable, welcoming environment for soon-to-be mothers to share and learn about the health of their baby and their own health.

Adult memberships to the CWC are \$10 per month for unlimited access, or \$2 for drop-in visits. Programs are free for children under age 12. All classes are bilingual and open to patients and community members.

[Read the full story at OregonLive.com.](#)

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VG By The Numbers

4

of Virginia Garcia's School-based Health Centers (SBHCs) that provide health care services to all school district students and members of the broader community. VG has SBHCs at [Tigard](#), [Forest Grove](#), [Century](#), and [Willamina](#) High Schools.



Who Is Virginia Garcia?

Promoting Oral Health With Baby Days

Baby Days is a Virginia Garcia Dental program that provides dental care to infants through group gatherings with parent participation. Parents learn about good oral hygiene practices for themselves and their infants as well as tips for baby bottle cavity prevention and nutrition.

Baby Days started at the VG Cornelius clinic more than six years ago and are now held at all VG dental clinics.

In 2014, Hillsboro Baby Day will move to the VG Medical clinic in Pacific University's Hillsboro building. The medical clinic can conduct registration for all current VG patients, further improving access to dental care for new mothers and their children. Locating dental care, even for a day, at the medical clinic is helping to build the bridge between dental and medical coverage. Many VG providers speak to new parents about dental care as part of routine well-child visits.



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Saying Farewell to Board Chair Chad Cherié



Board Chair Chad Cherié & Virginia Garcia CEO Gil Muñoz

Chad Cherié, Ph.D. has served as the chair of the Virginia Garcia Memorial Health Center Board of Directors for the past three years and was a board member for nine years, sharing his time, passion, and expertise to help Virginia Garcia improve access to health service and provide the best care for our patients.

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Before his retirement, Chad taught at Portland State University and was a Senior Research Associate at the university's Institute on Aging at the School of Community Health. He worked extensively with Oregon's Latino population on community-based collaborative research projects. Chad is currently president of Oregon AARP and serves on AARP's National Policy Council.

We thank Chad for his outstanding contribution to Virginia Garcia and wish him the best of luck in the future.